

# Westside Baptist Track Club

## T.A.A.F. Region 4 Track and Field Circuit Meet

July 7, 2018

- Teams:** All Teams
- Location:** Lewisville High School- 1098 West Main St, Lewisville, TX 75067
- Track:** All weather track, long jump, high jump, Pole Vault
- Gates Open:** 7:00 a.m. **"Timing will be F.A.T. for those pre-registered via [coacho.com](http://coacho.com)"**  
**972-567-0346 for more information.**
- Event Time:** Begins at 8:00 a.m. with 3200 Meter Run and Field Events
- Registration Fee:** \$5.00/wrist band. Each participant may enter as many events as they wish.
- Gate Fee:** All spectators will be charged a fee of **\$5.00** at the gate to enter the Track Complex.

*Only TAAF Region 4 member cities or affiliate teams will be allowed to participate.*

|                        | <u>Age/Division</u>  | <u>Birth Year</u> |
|------------------------|----------------------|-------------------|
| <b>Age Categories:</b> | <b>6 &amp; Under</b> | <b>2012, 2013</b> |
|                        | 8 & Under            | 2010, 2011        |
|                        | 10 & Under           | 2008, 2009        |
|                        | 12 & Under           | 2006, 2007        |
|                        | 14 & Under           | 2004, 2005        |
|                        | 16 & Under           | 2002, 2003        |
|                        | 18 & Under           | 2000, 2001        |

\*Ages are determined based on the year the athlete was born.

- Awards:** Ribbons for 1<sup>st</sup> through 8<sup>th</sup> Place in each heat. Heating for running events will be in random order and there will be no finals in any events.
- Inclement Weather:** The meet may be delayed, but only cancelled in the event of an electrical storm.

*Each team will be responsible for supplying volunteers throughout the day to assist with the meet*

**Westside Baptist Track Club T.A.A.F. Circuit Meet  
Saturday, July 7, 2018**

**Events will be run in the following order:**

**8:00 a.m.** - 3200 meter run Girls and Boys 13-14, 15-16 & 17-18

**8:00 a.m.** - Field Events: *Triple Jump will begin after pit one long jump is done. 14u-18u*

| <b>Long Jump</b>     | <b>Long Jump</b>    | <b>Pole Vault</b> |
|----------------------|---------------------|-------------------|
| <b>Pit 1 - Girls</b> | <b>Pit 2 - Boys</b> |                   |
| 8 & Under            | 8 & Under           | 14U Boys          |
| 10 & Under           | 10 & Under          | 16U Boys          |
| 12 & Under           | 12 & Under          | 18U Boys          |
| 14 & Under           | 14 & Under          | 14U Girls         |
| 16 & Under           | 16 & Under          | 16U Girls         |
| 18 & Under           | 18 & Under          | 18U Girls         |

| <b>Shot Put</b>  | <b>Discus</b>    | <b>High Jump</b> |
|------------------|------------------|------------------|
| 12 & Under Boys  | 14 & Under Boys  | 18 & Under Boys  |
| 12 & Under Girls | 14 & Under Girls | 18 & Under Girls |
| 14 & Under Boys  | 16 & Under Boys  | 16 & Under Boys  |
| 14 & Under Girls | 16 & Under Girls | 16 & Under Girls |
| 16 & Under Boys  | 18 & Under Boys  | 14 & Under Boys  |
| 16 & Under Girls | 18 & Under Girls | 14 & Under Girls |
| 10 & Under Boys  |                  | 12 & Under Boys  |
| 10 & Under Girls |                  | 12 & Under Girls |
| 18 & Under Boys  |                  | 10 & Under Boys  |
| 18 & Under Girls |                  | 10 & Under Girls |
|                  |                  | 8 & Under        |

**RUNNING EVENTS**

**Rolling Schedule**

|                           |   |
|---------------------------|---|
| 80 M Hurdles (8-30")      | 12 & Under (Boys and Girls)   |
| 100 M Hurdles (10-30")    | 14 & Under (Girls Only)   |
| 100 M Hurdles (10-33")    | 16 & Under, 18 & Under (Girls Only)                                       |
| 110 M Hurdles (10-36/39") | 14 & Under, 16 & Under (Boys Only)  |
| 110 M Hurdles (10-39")    | 18 & Under (Boys Only)  |
| 400 M Relay               | 8 & Under, 10 & Under, 12 & Under, 14 & Under, 16 & Under, 18 & Under     |
| 800 M Run                 | 8 & Under, 10 & Under, 12 & Under, 14 & Under, 16 & Under, 18 & Under     |
| 100 M Dash                | 6u, 8 & Under, 10 & Under, 12 & Under, 14 & Under, 16 & Under, 18 & Under |
| 400 M Dash                | 8 & Under, 10 & Under, 12 & Under, 14 & Under, 16 & Under, 18 & Under     |
| 50 M Dash                 | 6 & Under, 8 & Under  |
| 300 M Hurdles (8-30")     | 14 & Under  |
| 300 M Hurdles (8-30")     | 16 & Under, 18 & Under (Girls Only)                                       |
| 300 M Hurdles (8-36")     | 16 & Under (Boys Only)  |
| 300 M Hurdles (8-36")     | 18 & Under (Boys Only)  |
| 200 M Dash                | 8 & Under, 10 & Under, 12 & Under, 14 & Under, 16 & Under, 18 & Under     |
| 1600 M Run                | 10 & Under, 12 & Under, 14 & Under, 16 & Under, 18 & Under                |
| 1600 M Relay              | 10 & Under, 12 & Under, 14 & Under, 16 & Under, 18 & Under                |

*All events are governed by the Texas Amateur Athletic Federation Cavalcade of Sports and the National Federation Track and Field and the Cross Country Rule Book.*